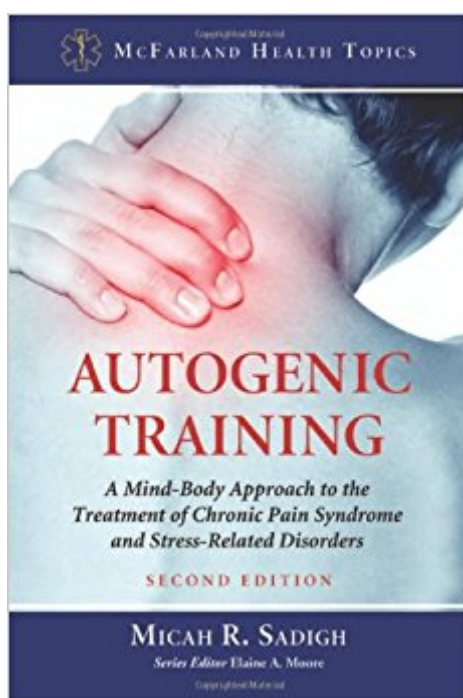


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# Autogenic Training: A Mind-Body Approach To The Treatment Of Chronic Pain Syndrome And Stress-Related Disorders (Mcfarland Health Topics)



## Synopsis

This book presents practitioners with a concise exploration of autogenic technique and its clinical use, especially in treating those suffering from chronic pain syndrome.

## Book Information

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## Customer Reviews

Reviews of the first edition: "A well-researched and detailed clinical guide, *Autogenic Training* is a valuable resource for anyone who works with chronic pain patients." --*Journal of Pain & Palliative Care Pharmacotherapy*"*Autogenic Training* has much to recommend it. Micah R. Sadigh has written a book that offers a promising treatment for a difficult to manage illness and it is a book that is so skillfully written it is a joy to read." --*Townsend Letters for Doctors and Patients*"Sadigh provides a comprehensive guide to autogenic training's uses in treating fibromyalgia and chronic conditions." --*Midwest Book Review*

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